



## Parenting offer – what's new in September 2022?

Our Parenting Team continues to support parents and carers. In September we will offer Parent Support Programmes through virtual and face to face sessions.

All Requests for Help to be received through the Early Help Hub.

### Early Years (1-3)

#### Being Passionate About Parenting Early Years (1-3 years)

Mondays 29<sup>th</sup> November, 5<sup>th</sup> and 12<sup>th</sup> December 6-8pm on Microsoft Teams

### Primary School Age (4-11)

#### Being Passionate About Parenting (4-11 years)

Mondays 21<sup>st</sup>, 28<sup>th</sup> November and 5<sup>th</sup> December 10-11.30am on Microsoft Teams

#### Being Passionate About Parenting with an introduction to ADHD (5-11 years)

Tuesdays 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> November 6-8pm on Microsoft Teams

#### Being Passionate About Parenting with an introduction to the Spectrum (5-11 years)

Thursdays 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup> November 10-12 on Microsoft Teams

Mondays 29<sup>th</sup> November, 5<sup>th</sup> and 12<sup>th</sup> December 10-12 on Microsoft Teams

### Secondary School Age (12-17)

#### Being Passionate About the Teenage Brain (12-17 years)

Wednesdays 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup> November 10-11.30am on Microsoft Teams

#### Take 3 – Supporting Teenagers (12-17 years)

Wednesdays 12<sup>th</sup> October – 16<sup>th</sup> November (excluding Half Term) 6-8pm on Microsoft Teams

### COMING SOON – Dates to be confirmed

Introduction to Teenagers with Traits of ADHD

Introduction to Teenagers with Autistic Traits

Introduction to Sensory Challenges for Teenagers

These will be 2 ½ hour workshops facilitated virtually on Microsoft Teams. These sessions will be available to parents who have completed the Take 3 parenting support programme.

