



Curriculum statement for the teaching and learning of PHSE and RHSE 2022-23

Our aim is to instil in our children a love of learning and develop a 'can do' approach that enables them to grow ambition. Our children will develop an understanding of themselves as individuals, with their own talents and characters, as well as value the people and world around them. We are committed to preparing our children for the next stage on their journey so that they are able to grasp all and any opportunities for their future.

Intent	<p>Our PSHE and RHSE curriculums teach children the importance of being good citizens by celebrating differences, valuing individuality and promoting tools for mental health which enable pupils to develop a strong sense of community and also prepares them for life outside of Cornwall. The curriculum design also promotes a love for learning and being curious by engaging and developing enquiring minds with opportunities to apply prior learning and deepen understanding through hands-on experiences and connection with the environment and wider-world around them. Our PSHE and RHSE curriculum teaches children learning behaviours for success and has high expectations of engagement, supporting children to succeed by developing Mullion Primary School's core values of Curiosity, Respect, Determination, Resilience, Creativity and Kindness. Our curriculum also promotes the importance that every child is a reader by encouraging our reading-rich curriculum through purposeful and carefully chosen texts which enhances learning in PSHE and RHSE, supports the development of communication skills through discussion.</p>		
	In Key stage 1 and 2 pupils are taught in the following areas:		
	Health and Wellbeing <ul style="list-style-type: none"> ● Healthy lifestyles ● Mental health ● Ourselves growing and changing ● Keeping safe ● Drugs alcohol and tobacco <p>Each of the areas above are organized into the following themes</p> <ul style="list-style-type: none"> ● Growing up ● It's my body ● Safety first ● Think positive 	Relationships <ul style="list-style-type: none"> ● Families and close relationships ● Friendships ● Managing hurtful behaviour and bullying ● Safe relationships ● Respecting self and others <p>Each of the areas above are organized into the following themes</p> <ul style="list-style-type: none"> ● Be yourself ● Digital well being ● TEAM ● VIPs 	Living in the Wider World <ul style="list-style-type: none"> ● Shared responsibilities ● Communities ● Media literacy and digital resilience ● Economic well-being; Money ● Economic well-being; Aspirations work and career. <p>Each of the areas above are organized into the following themes</p> <ul style="list-style-type: none"> ● Aiming high ● Diverse Britain ● Money Matters ● One world.
Underpinned by	The teaching of skills	The application of skills	Vocabulary
	<p>Pupils will be taught to develop skills in three key areas Health and Wellbeing, Relationships and Living in the Wider World. Each of these areas are interconnected and underpinned by skills and knowledge in the following areas.</p> <ul style="list-style-type: none"> ● Health and Wellbeing ● Relationships ● Living in the Wider World 	<p>Pupils are given regular opportunities to apply their learning during discussions and activities focused on the skills outlined in the school planning documents.</p>	<p>Pupils will use appropriate vocabulary building a rich language to develop understanding.</p>

Implementation	Curriculum Approach Our PSHE curriculum benefits from the use of Twinkl Life resources which are supported by the PSHE Association. Across a term, there are two thematic units each of which consist of four to six lessons that are adapted to meet the needs of the class. Teachers prepare a learning journey overview to identify small learning steps that are matched to progressive milestones used for assessment. Each class records learning in a PSHE and RHSE floor book which is revisited each lesson or when the learning can be revisited in context. This floor book allows for the children and adults to exploring the concepts and key learning again to support personal development.		External Stimuli The PSHE units are designed to be delivered in a creative manner, using hands-on experiences such as role play, discussion and games. They give opportunities to apply prior learning from both lessons and life with key emphasis on how themes are influence or can influence the world around them. These activities enable children to build confidence and resilience. Wherever possible, lessons have a text focus to enrich learning and promote purposeful reading. PSHE themes are also embedded in the reading spine and drawn out through discussion. Leaflets and Google Classroom are also used for communicating with parents and carers about how and why each theme is covered and suggestions for extending the learning and further personal development at home.
	Resources The school uses a variety of resources to enhance learning: Twinkl Life Christopher Winter project Virtues in Education Project UN Rights of the Child	Thoughtful Questioning Learning often takes the form of a line of enquiry that the children explore throughout the lesson. Where appropriate, the PSHE floor book is used to revisit prior learning and discuss how children may have used learning or strategies taught. This fosters high-levels of self-reflection and develops self-awareness.	British Values We are committed to our children developing a strong sense of community and part of this is through British Values. The British values of Democracy, Rule of Law, Respect and Tolerance, Individual Liberty are promoted through assemblies, the way we interact, PSHE lessons and through the use of Picture News.
	Assessment Assessment for learning opportunities, which are built into each lesson, enable self-evaluation and reflective learning. This allows teachers to evaluate and assess progress within the lesson and across a sequence. Each learning sequence begins with a discussion of children's existing knowledge and experience, often involving the class PSHE floor book. Within lessons there are opportunities to reflect upon personal development and self-reflection is promoted. Summative assessments are made and tracked using milestone trackers.	Assemblies Whole school assemblies promote the school's core values of Curiosity, Respect, Determination, Resilience, Creativity and Kindness. Assemblies also raise awareness of British Values through the use of Picture News. Each week, either in the form of a whole school or class assembly, a current event is shared through the shape of a British Value and the UN Rights of the Child. This is discussed and children and adults are able to formulate view and perspectives around the issue. The school's values are shared through stories and in celebration of children's achievements related to their personal growth and also through singing assemblies. All assemblies also form a part of the children's Spiritual, Moral, Social and Cultural development.	Whole School Events These are used to develop and raise awareness of key areas in the locality and the wider world. Living in close proximity to a Naval base also means we are committed to developing awareness of the role of the Royal Navy not only for our Forces children, but the whole school. They may take the form of: <ul style="list-style-type: none"> ● Fundraising events ● National Awareness Days and weeks ● Black history month ● Armistice Day ● World book day ● Children's mental health Week

Impact	<p>Our children at Mullion Primary School show a love of learning as they understand that learning extends beyond the classroom. They have the skills and support to develop a 'can do' approach that enables them to grow ambition. Our children develop an understanding of themselves as individuals, with their own talents and characters, as well as value the people and world around them. We are committed to preparing all of our children for the next stage on their journey so that they are able to grasp all and any opportunities for their future.</p> <p>Our children have reflective skills and continue to develop their understanding of themselves emotionally and how they operate in a social context. They have an awareness of their own strengths and areas for personal development. They are able to discuss their emotions and those of others with respect and care. They understand the stages of their own physical development and that the timing of this development is different for all people.</p>			
	<p>PUPIL VOICE</p> <p>The children can talk about their strengths and areas for personal development. They can use class floors books to discuss what they have learnt in PSHE lessons and how they have explored that beyond the classroom. The children can talk about their own personal development emotionally and physically and give examples of strategies they've tried and how they have worked for them.</p>	<p>EVIDENCE IN KNOWLEDGE</p> <p>Mullion Primary School's sequences of learning in PSHE and RHSE support the active development of a school culture that prioritises physical and mental health and wellbeing. This can be evidenced in class floor books where key learning is gathered. The curriculum scope provides children with skills to evaluate and understand their own wellbeing needs, practice self-care and contribute positively to the wellbeing of themselves and those around them.</p>	<p>EVIDENCE IN SKILLS</p> <p>The children will show their skills in the way that they build relationships and interact with others both within and extending beyond the school community. They will show their skills in the way in which they respond to challenges and move forward and in how they help others to do the same.</p>	<p>BREADTH AND DEPTH</p> <p>Successful PSHE education can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face.</p> <p>The PSHE and RHSE scope and sequences of learning are used as a whole-school approach to positively impact wellbeing, safeguarding and Social, Moral, Spiritual and Cultural outcomes. This can ensure that all children are able to develop the knowledge, skills and attributes they need to succeed at school and in the wider world.</p>